

The School District of Palm Beach County wants you to join this campaign
to practice better health through good nutrition

Allamanda Elementary School ~ Health Fair

“Fruits & Veggies...More Matters”



In an effort to promote healthy food choices through the increased consumption of fruits and vegetables the School Food Service Department has organized an educational “Health Fair” to be held at **Allamanda Elementary** school. All students will be exposed to the health fair during their lunch period which will take place in the school cafeteria.

Allamanda Elementary “Health Fair” will be on:

Thursday, October 31, 2013 from 10:00 a.m. to 1:00 p.m.

This “Health Fair” event will provide the students and staff of **Allamanda Elementary** with an opportunity to view exciting health and wellness displays, receive educational materials, prizes, as well as free samples of colorful and tasty fruits and vegetables. A variety of educational booths will be set up to target specific aspects of health and wellness which include:

- ♥ Palm Beach County UF/IFAS Extension Agency
- ♥ 4H Youth Development Program
- ♥ Palm Beach County Beekeeper Association ~ *Mr. Al Salopek*
- ♥ Caridad Center
- ♥ Erneston & Sons Produce, Inc.
- ♥ R.C. Hatton Farms, Inc.
- ♥ Short on Thyme - *Chef Shelley*
- ♥ Drowning Prevention Coalition of Palm Beach County
- ♥ District’s Employee Wellness
- ♥ Allamanda Physical Education Teacher and School Health Nurse
- ♥ Allamanda students showcasing their singing talents
- ♥ School Food Service Department promoting the theme: **“Fruits & Veggies...More Matter”**

For more information contact the School Food Service Department - Chantal Gellermann, Nutrition Educator at (561) 383-2005 or Paula Triana, Assistant Director - Nutrition & Wellness Promotion at (561) 383-2026.

Come and enjoy the FUN!!

Good nutrition practice promotes better public health.

Public health is everyone’s business.

Working together...we can make a difference in the public health of our community.